

JUNE 2018

Onalaska Pre K-8 Menu & Free Summer Meals Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The flower of June is the rose, which is widely recognized as a symbol of love and/or sympathy. June is also National Rose Month!

4
BBQ Rib Sandwich, or Chickenwich
Lettuce & Tomato
French Fries
Roasted Chickpeas
Assorted Fresh Fruit & Milk

5
Chicken Teriyaki or Chicken Nuggets
Brown Rice, Buttered Broccoli
Mashed Potatoes & Gravy
Assorted Fresh Fruit & Milk

6
Grilled Cheese Sandwich or PB&J and String Cheese
Tomato Soup
Kale Chips
Tater Tots
Assorted Fresh Fruit & Milk

7
Soft Pretzel w/ Cheese or Logger Nachos
Buttered Corn
Refried Beans, Salsa
Assorted Fresh Fruit & Milk

1
Logger Nachos or Quesadilla
Buttered Corn
Refried Beans, Salsa
Assorted Fresh Fruit & Milk

French Toast Sticks or Cereal & String Cheese, Fruit & Milk

8
Pizza or Fishwich (Pepperoni, Hawaiian or Chs.)
Romaine Salad
Mixed Vegetables,
Red Vegetable
Assorted Fresh Fruit & Milk

French Toast Sticks or Cereal & String Cheese, Fruit & Milk

BK Sand or Cereal & Banana Bread, Fruit & Milk

Donuts For Guests Like Dads
Biscuits & Gravy or Cereal, Donut Holes, Fruit & Milk

BK Burrito or Cereal & String Cheese, Fruit & Milk

Parfait, Pancakes or Cereal & String Cheese, Fruit & Milk

11
School BBQ
BBQ Hamburger
Baked Beans, Coleslaw
Chips, Carrot Sticks
Frozen Juice Bar
Assorted Fruit & Milk

12
General Tso Chicken or Chicken Nuggets
Brown Rice, Fortune Cookie
Mashed Potatoes & Gravy
Buttered Broccoli
Assorted Fresh Fruit & Milk

13

14

15

BK Sand or Cereal & Banana Bread, Fruit & Milk

Biscuits & Gravy or Cereal & String Cheese, Fruit & Milk

18
Free Meals for All Kids
Corn Dog or PB&J and String Cheese
Tater Tots
Baked Beans
Fruit & Milk

19
Free Meals for All Kids
Grilled Cheese Sandwich or PB&J and String Cheese
Tomato Soup
Carrot Sticks
Fruit & Milk

20
Free Meals for All Kids
Chicken Nuggets & Roll or PB&J and String Cheese
Buttered Broccoli
Fruit & Milk

21
Free Meals for All Kids
Quesadilla & Taco Meat or PB&J and String Cheese
Corn, Salsa
Fruit & Milk

22
Free Meals for All Kids
Chickenwich or PB&J and String Cheese
Baked Stealth Fries
Carrot Sticks
Fruit & Milk

BK Bar or Cereal & String Cheese, Fruit & Milk

Pancakes or Cereal & String Cheese, Fruit & Milk

Pancake Dog or Cereal & String Cheese, Fruit & Milk

Pancakes or Cereal & String Cheese, Fruit & Milk

French Toast Sticks or Cereal & String Cheese, Fruit & Milk

25

26

27

28

29

Donuts for Guests like Dads

Tuesday, June 5th: 7:15 – 8:15 (school starts at 8:15).
Adult Breakfast \$2.75 (exact change really helps). Coffee is Free.

Free Summer Meals for all Kids

All Kids, under 19, Eat Free in the Elementary Dining Hall:

June 18th – 22nd

Breakfast 8:30 – 9:00
Lunch 11:45 – 12:15

July 9th – 26th (Mon – Thurs)

Breakfast 8:00 – 8:30
Lunch 11:30 – 12:00

All food must be consumed in the Dining Hall. This program is for the children, therefore we must ask that children not share their food with adults.

Adults may purchase meals for:
Adult Breakfast \$2.75
Adult Lunch \$4.00

Traveling this summer?

Find a Free Meals for Kids Site:
Call 1-866-348-6479, Visit www.fns.usda.gov/summerfoodrocks or Text "Summer Meals" to 97779.

This institution is an equal opportunity provider. Menu subject to change.

For questions/comments & meal account help contact Jerry Carlson at: 978-4111 Option 6 or icarlson@onysd.wednet.edu