

# JULY 2017

## Free Summer Meals for All Kids

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

**Free Meals for All Kids**  
 Corn Dog  
 or PB&J & String Cheese  
 Tater Tots  
 Baked Beans  
 Assorted Fresh Fruit & Milk  
  
 Breakfast Bar or Cereal & Sting  
 Cheese, Fruit & Milk

**Free Meals for All Kids**  
 Grilled Cheese  
 or PB&J & String Cheese  
 Tomato Soup  
 Carrot Sticks  
 Assorted Fresh Fruit & Milk  
  
 Pancakes or Cereal & String  
 Cheese, Fruit & Milk

**Free Meals for All Kids**  
 Chicken Nuggets  
 or PB&J & String Cheese  
 Whole Grain Roll  
 Buttered Broccoli  
 Assorted Fresh Fruit & Milk  
  
 PC Dog or Cereal & String  
 Cheese, Fruit & Milk

**Free Meals for All Kids**  
 Pizza (Pepperoni or Chs.)  
 or PB&J & String Cheese  
 Romaine Salad  
 Carrot Sticks  
 Assorted Fresh Fruit & Milk  
  
 French Toast Sticks or Cereal &  
 String Cheese, Fruit & Milk

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 Corn Dog  
 or PB&J & String Cheese  
 Tater Tots  
 Baked Beans  
 Assorted Fresh Fruit & Milk  
  
 Breakfast Bar or Cereal & Sting  
 Cheese, Fruit & Milk

**Free Meals for All Kids**  
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 Tomato Soup  
 Carrot Sticks  
 Assorted Fresh Fruit & Milk  
  
 Pancakes or Cereal & String  
 Cheese, Fruit & Milk

**Free Meals for All Kids**  
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 or PB&J & String Cheese  
 Whole Grain Roll  
 Buttered Broccoli  
 Assorted Fresh Fruit & Milk  
  
 PC Dog or Cereal & String  
 Cheese, Fruit & Milk

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 or PB&J & String Cheese  
 Romaine Salad  
 Carrot Sticks  
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 French Toast Sticks or Cereal &  
 String Cheese, Fruit & Milk

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School Starts  
 Tuesday, August 29<sup>th</sup>

**DID YOU KNOW...**  
 July is, on average, the warmest month in most of the Northern hemisphere  
 (where it is the second month of summer) and the coldest month in much of the  
 Southern hemisphere (where it is the second month of winter).

**Free Meals for All Kids**  
 All Kids, under 19, Eat Free in the  
 Elementary Dining Hall:

**July 10<sup>th</sup> – 27<sup>th</sup> (Mon. – Thurs.)**  
 Breakfast 8:00 – 8:30  
 Lunch 11:30 – 12:00

All food must be consumed in the  
 Dining Hall. This program is for the  
 children, therefore we must ask that  
 children not share their food with  
 adults.

**Adult Meals are available for:**  
 Adult Breakfast \$2.25  
 Adult Lunch \$4.00

This institution is an equal opportunity  
 provider. Menu subject to change.

For questions/comments & meal account  
 help contact Jerry Carlson at:  
 978-4111 Option 6 or  
[jcarlson@onysd.wednet.edu](mailto:jcarlson@onysd.wednet.edu)

