

“Healthy, Hunger-Free Kids Act of 2010”

This is a brief summary of changes that will affect the school food service with the passage the “Healthy, Hunger-Free Kids Act of 2010”.

Fiscal Change

- Equity in School Lunch Pricing. The average selling price for a paid lunch must be equal to or more than the total federal reimbursement for free lunch (minus the total federal reimbursement for paid lunch).

Nutritional Changes

- Adding $\frac{1}{2}$ to 1 $\frac{1}{4}$ cup more fruits and vegetables per lunch.
- Adding weekly requirements for dark green & orange vegetables and legumes.
- Limiting starchy vegetables.
- Adding .4 oz of protein and more whole grains
- Restricted to 0 grams of trans fat per serving based on nutritional label.
- Decreasing Sodium and Cholesterol.
- Increasing Nutritional Audits to every 3 years.