

JULY 2018

Onalaska Free Summer Meals Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	Happy 4 th of July! 4	5	6
Free Meals for All Kids Corn Dog or PB&J and String Cheese Tater Tots Baked Beans Fruit & Milk Breakfast Bar or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chicken Nuggets & Roll or PB&J and String Cheese Buttered Broccoli Fruit Milk Pancakes or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Grilled Cheese Sandwich or PB&J and String Cheese Tomato Soup Carrot Sticks Fruit & Milk Pancake Dog or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chickenwich or PB&J and String Cheese Baked Stealth Fries Carrot Sticks Fruit & Milk French Toast Sticks or Cereal & String Cheese Fruit & Milk	
9	10	11	12	13
Free Meals for All Kids Corn Dog or PB&J and String Cheese Tater Tots Baked Beans Fruit & Milk Breakfast Bar or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chicken Nuggets & Roll or PB&J and String Cheese Buttered Broccoli Fruit Milk Pancakes or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Grilled Cheese Sandwich or PB&J and String Cheese Tomato Soup Carrot Sticks Fruit & Milk Pancake Dog or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chickenwich or PB&J and String Cheese Baked Stealth Fries Carrot Sticks Fruit & Milk French Toast Sticks or Cereal & String Cheese Fruit & Milk	
16	17	18	19	20
Free Meals for All Kids Corn Dog or PB&J and String Cheese Tater Tots Baked Beans Fruit & Milk Breakfast Bar or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chicken Nuggets & Roll or PB&J and String Cheese Buttered Broccoli Fruit Milk Pancakes or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Grilled Cheese Sandwich or PB&J and String Cheese Tomato Soup Carrot Sticks Fruit & Milk Pancake Dog or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chickenwich or PB&J and String Cheese Baked Stealth Fries Carrot Sticks Fruit & Milk French Toast Sticks or Cereal & String Cheese Fruit & Milk	
23	24	25	26	27
Free Meals for All Kids Corn Dog or PB&J and String Cheese Tater Tots Baked Beans Fruit & Milk Breakfast Bar or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chicken Nuggets & Roll or PB&J and String Cheese Buttered Broccoli Fruit Milk Pancakes or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Grilled Cheese Sandwich or PB&J and String Cheese Tomato Soup Carrot Sticks Fruit & Milk Pancake Dog or Cereal & String Cheese Fruit & Milk	Free Meals for All Kids Chickenwich or PB&J and String Cheese Baked Stealth Fries Carrot Sticks Fruit & Milk French Toast Sticks or Cereal & String Cheese Fruit & Milk	
30	31	DID YOU KNOW... July also brings two other days of independence: Canada Day (July 1), which commemorates the creation of the Dominion of Canada, and Bastille Day (July 14), which commemorates the storming of the Bastille (the start of the French Revolution).		

Free Meals for all Kids

All Kids, under 19, Eat Free in the Elementary Dining Hall:

July 9th – 26th (Mon – Thurs)

Breakfast 8:00 – 8:30

Lunch 11:30 – 12:00

All food must be consumed in the Dining Hall. This program is for the children, therefore we must ask that children not share their food with adults.

Adults may purchase meals for:

Adult Breakfast \$2.75

Adult Lunch \$4.00

Traveling this summer?

Find a Free Meals for Kids Site:

Call 1-866-348-6479, Visit

www.fns.usda.gov/summerfoodrocks

or Text "Summer Meals" to 97779.

Visit the Food Service Webpage for: Information about Online Payments, Free & Reduced Priced Meal Applications and to see pictures of special events.

<http://foodservice.onysd.wednet.edu/>

This institution is an equal opportunity provider. Menu subject to change.

For questions/comments & meal account help contact

Jerry Carlson at:

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