Fast Free Meal Help

If your family is facing housing problems or homelessness, such as living in a shelter or doubled up with another family, special new rules Make signing up for free school meals fast and easy. When times get tough it can be hard to get children all the healthy food they need. Free breakfast, lunch and after school snacks served through the National School Lunch and School Breakfast programs may be one way to make sure your child can grow and learn. These programs have special new rules to help families facing housing problems and homelessness. These rules allow children and youth to quickly qualify for free school meals.

No documents or paperwork is required. To sign your child up for free school meals speak with the local educational agency liaison For homeless children (at your child's school),or the principal of your child's school, or the homeless shelter director (if you're staying in one). These people will help you get free school meals for your child fast. The program serves children and youth in families with housing problems that have forced them to: live temporarily with another family; live in a motel, campground or car; live in an emergency, domestic violence or transitional shelter. Or children and youth on their own: living temporarily with another family; living in a motel, campground or car; living in an emergency, transitional or run away shelter; or awaiting foster care placement.

For more information contact:
Onalaska School District Homeless Liaison
360-978-4111 Option 1
OR:

Food and Action Center Website: www.frac.org

The United States Department of Agriculture (USDA) prohibits discrimination in its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, and marital or family status